

RUSSELL R. SHIPPEE PRESENTS

Bethe BEST You Can Be.net



Russell R Shippee

Quotes

"Your imagination is your preview to
life's coming attractions"

Albert Einstein

"Most of the things worth doing in
the world have been declared
impossible before they were
attempted"

Earl Knightingale

Dear Russell,

Congratulations on your learning. Hopefully, you are practicing and taking risks and enjoying the reward of it all.

For years, we have enjoyed the island of St John in January. This year we cannot go. Our loss is our your gain. See the special offer below.

Now, to be a kid. Yes, it is time to be a kid. Kids have more fun. Enjoy the message below.

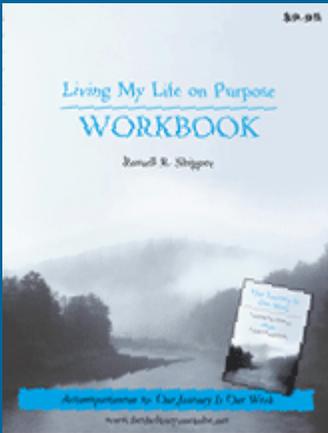
Summer in the USA is half over. Where did it go? Have you started to enjoy summer, or whatever season it is for you, yet? If not NOW, when? TODAY is the day to look at the calendar and plan what you want to do for the rest of the season.

Thanks to my friends who have reminded me that failure is progress and learning. They were witnesses to my meltdown on Friday at the golf course. One even mentioned the courage I had to continue. We are all both teachers and students at the same time.

Without a plan you are a ship without a rudder. Without a plan you will never know if you get there. Make a plan. Sure, things come up and we have to change. Be flexible but have a plan. Try it and you will see the benefits.

Being a kid is also thinking differently. There is a short but great video on you tube that tells us of people who think differently or who were considered crazy until we all learned from them. See it at [YouTube](#). You will be glad you did.

Affirmations work. See the offer below for the **motivator** we have found for you. You'll



Order NOW [HERE](#)

Join Our Mailing List!

Be a KID- tell a KID to sign up -
then they can enjoy the
newsletter each week!

like the price.

Well, I'm going to play in my sandbox.

Be Well,

Russell R Shippee
BetheBestYouCanBe

Helping You, Motivating You, Encouraging You, to Be
the BEST You Can Be

Motivator

I have found a product you might like. It is the Motivator and it puts messages you choose or write yourself on the lower ride side of your screen in time intervals you choose. For those who like affirmations it is the best system I have seen. It is free so try it out here - [Motivator](#). Later they will try to sell you a \$20 upgrade. Do what works for you.

St John USVI in January!!

Enjoy the best beaches in the world!

We have a 3 bedroom pool villa at the Westin in St John available January 5th for one or two weeks. It is only \$7,000 a week for newsletter subscribers. The Westin charges over \$10,000. First come first serve. Hit reply and tell us if you want both weeks, the first week, or the second week.

We also have a studio (love nest) for one week starting January 19th. Only \$2,499.

Check out the [BEACHES](#) !

You are worth it. You'll be glad you did!

BE a KID

Be a Kid is a message I keep getting and getting and getting.

I have had three different psychics tell me to be a kid. The message usually comes from my mother who has crossed over. As I write this I have heard it twice this week. I need to focus on it and I thought I would share it with you.

Be a Kid. Well, we are kids or were kids.

What is a kid? A kid is:

Young
Fearless
Creative
Trusting
Loving
Unrestricted
Limitless
Abundant
Joyous

A kid has no ego, has no concern for what others will think, and does not worry about keeping up with others. They communicate very well without words, but they sure do feel and express their feelings.

So, being a kid is a wonderful place to be. It is free and open. It is creativity and experimenting at its best. It is possibilities at its best.

A kid has creativity, takes risks, and enjoys the moment to the fullest. We were kids once, and most of us have lost that spark, that spontaneity, that willingness to just charge forward.

Today, we are bogged down with thoughts of tomorrow, hurts of yesterday, and what we are expecting or what others expect of us today and tomorrow. We are tied up with things, paying for things, earning money, and living the fear of lack. Today we worry about what others will think. We worry about failing and too often are unwilling to take risk.

Today, we will live for tomorrow and dwell in the past. The present is lost on us. The present, the NOW, which is all we have, we are not focused on, and we lose the value and the joy of it. NOW is the only time we have to live for. It is only in the NOW that we can do it.

A kid lives in the NOW. A kid lives for the moment and creates in the moment. In many respects, kids are clear thinking. A kid has not been programmed to know they cannot do it, they cannot succeed, that no one has done it before, that it is too hard, and all of the other reasons why we do not make the attempt.

So, being a kid is exciting. Being a kid is a challenge. Can we do it? Should we do it? Would it be fun to do it?

Think of the joy you get from being with kids. Their enthusiasm is exciting, and they have us doing and enjoying things we have not done in years, if ever. Kids empower us and show us what we once were and what we can be. First, they give us energy and

excitement. After a time, they wear us out, and we need a break. Who does not enjoy seeing from a kid's eye?

Throw off the chains. Be free. Be carefree. What others will think or say is of no concern. Just engage. Just play. Just create. Just be a Kid.

Just being a Kid is life itself unrestricted. Don't you want to be a kid?

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